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Symmetry as a Fundamental Element of Physical Reality

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1. The Intelligibility of Physical Reality

Albert Einstein remarked "The ultimate incomprehensibility about the world is its very comprehensibility" [1]. The scientific method -- conceived in Greece, revived in the (thus appropriately named) Renaissance and having reached maturity with Newton -- has since successfully penetrated every domain of physical reality, including such as had earlier appeared (even in the eyes of many scientists) as beyond its reach, e.g. areas such as Life, Mind, (and very recently) Creation (this is one lesson of the new "Inflationary Cosmology"). There are two levels at which this 'intelligibility' of physical reality operates:

(1) first, the fact that a mathematical description of the world fits observations and provides for predictability (deterministic or at least probabilistic, whether statistical, chaotic or quantum);

(2) secondly, that even after we therefore conclude that *logic and mathematics do belong to the fabric of physical reality*, this description still appears to be more successful than would seem to be a priori justifiable. For instance, conditions in very dense states of matter represent extremely non-linear situations and are very hard even to characterize phenomenologically.

For lack of linearity, for example, one would not have been able to identify meaningful observables in the case of quarks. Characterization was only made possible through the existence of a different, "perturbative" (linear) regime, from which observables could then be extrapolated over the "non-perturbative" region.

This second success may be due to *evolution*: e.g., if there have been an infinite number of Big Bangs, as presently thought, it is very possible that other 'universes' are indeed *effectively unintelligible*. However, a universe in which the conditions evolve so as to have matter in separate bulks, i.e. in galaxies and stars (not to mention people), will automatically also lend itself to linearization and to the possibility of identifying and extracting useful variables from the phenomenology.

This explanation has been named [2] *"The Weak Anthropic Principle*", a nomenclature linking it to the presence of *people*. Personally, I find this last point unjustified and dangerous, in that it tends to generate a -- Copernican notions -- making "people" important to the universe, when everything in science points in the opposite, Copernican, direction [3].

Returning to point (1), we remind the reader that this was what Sir James Jeans, well-known English theorist, summarized in his beautiful tract "The Mysterious Universe", around 1930, by the phrase "God is a Mathematician". The success of the scientific method implies that the mathematical description is more than just our own input, the way in which we can dissect the world. Had the world, for instance, been controled by the logic of dreams, the use of rational thinking would have failed. Logic and its extension,

mathematics, must thus already be present in the fabric of reality itself. That logic has evolved within human thinking must indeed have been due to the fact that its presence in nature made it beneficial evolutionary-wise.

2. Symmetry and Group Theory

Group Theory, invented by a French highschool pupil, Evariste Galois, around 1830 (killed in a duel a year later), is the branch of mathematics which studies symmetry features. It is done, in particular, by "transformation groups". Example: clockwise rotations of 60°, in the plane, form a group. There are 6 such rotations, before we return to the original state (since we would have rotated by 360°. A group has to include the "identity transformation", i.e. leaving things as they are -- which is what we achieve by either 0 or 6 rotations of 60°. The group also has to include, for each transformation, an inverse, i.e., a transformation which cancels the original one. This is true here. For example, we can cancel the original 60° ("2-o'clock") rotation by adding one of $5 \times 60 = 300^{\circ}$ (and thus returning to midday 0°). We have also thereby examplified another feature of a group -- the "group operation" (sometime called "multiplication" or "product"), namely a way of combining two elements and making a third. Here it consists in applying the two transformations consecutively, which is then equivalent to doing it by one single transformation, whose rotation angle is the sum of the previous two. Recapitulating -- elements, a group operation, the identity element and having an inverse to every element -- this is a group. A transformation group has in addition a "carrier-space" on which the transformations are performed -here any planar "rotatable" object, such as a clock with no handles. With a clock, we would know when and by how much we have rotated it, because there are hour markings and it is customary to put the midday point up and in the centre, to start with. The markings break the symmetry and allow us to follow the sequence of transformations step by step and keep track. Should we however erase the markings, we would find it impossible to know if at all the clock has been rotated when we were not looking and by how much. We thus observe the relationship between symmetry and a transformation group: symmetry is the state of affairs in which the action of the group leaves the carrier space invariant, i.e. when we cannot distinguish between the state of the carrier-space before and after an arbitrary application of the transformations, (i.e., not just for some specific group elements).

3. Symmetries in Physics

We are used to observe and enjoy the spatial symmetry of crystalline minerals -- jewels have been applied to the decoration of the human body from the earliest phases of civilization; so have sea shells, i.e., samples of symmetry taken from organic matter. Modern watches use liquid crystals, but soap bubbles have already displayed the symmetries of liquids for centuries. As to gases, smokers enjoy producing elaborate spiral displays. Chemistry reflects very often the symmetries of a molecule -- Kekule's "dreamed up" benzene hexagon (the idea came to him in a dream..) being one such example.

In physics, the symmetries of crystals -- the space-groups -- are only one type of symmetry acting on condensed matter; more sophisticated symmetries have turned out to play key roles in phase transitions -- were the transition itself is related to a so-called *spontaneous breakdown of the symmetry*, as a result of a change in the value of an *order parameter*. One of the interesting features deriving from the recent advances in non-linear dynamics (*chaos* theory) is an understanding of symmetry patterns arising in dissipative processes, such as the Bénard Instability or the Zhabotinsky reaction, as described for instance in the book by Prigogine and Stengers [4]; remember -- all crystal symmetries are examples of equilibrium dynamics, whereas the 'chaotic' symmetries represent very-off-equilibrium dynamics. Another example of a symmetry displayed by a dissipative system is seen in the patterns produced by sea-waves breaking over a jetty. It has recently been claimed that the two very different systematics may sometime lead to similar symmetric outcomes.

4. Gauge Symmetries as Selected by Nature

A particular type of symmetry-carrying manifold is examplified by a coronet-like cylindrical ribbon and by a Möbius strip. Both are made by cutting out an elongated rectangular strip of paper and glueing together the two shorter sides of the rectangle. The two are similar, but in the Möbius strip, one of these sides is twisted and inverted before glueing it to the other. The twist cannot be gotten rid of, it is embedded in the geometry. In both cases we have basically a horizontal circle drawn on a plane, (e.g., that of the desk), along which a vertical line can travel and will then span the new manifold. In the case of the ribbon, the lign stays parallel to itself throughout, but in the Möbius strip, it gradually rotates, in a plane perpendicular to the circle. We can push away the strip locally, i.e. make a small region appear identical to the way it would be in the ribbon; but this cannot be done for a larger region or for the entire manifold, the twist will not go away.

This property is one of the main characteristics of gauge manifolds, which play an important role in fundamental physics since 1975. They display global properties (the twist, which exists globally even though it can be ironed away locally is such a global feature). Locally, gauge manifolds display curvature. Imagine a pipe, i.e., a circle rolling along a straight line. If we rotate the pipe globally, as if in one motion, it is as if nothing happened: it has the symmetry of the circle, like our clock in a previous example. But suppose we try to rotate the pipeby different amounts at different positions along its axis. We would be creating tremendous stresses in the material of the pipe, twists which have to be there in order to make such a locally dependent symmetry operation possible. Such a symmetry is called a locally dependent gauge symmetry. The stresses in the fabric of such spaces are known as curvature and torsion. The first such geometrical physical theory, with its peculiar locally dependent symmetries, was Albert Einstein's General Theory of Relativity in 1915. This theory, explained gravity in terms of the curvature of spacetime. The physical locally-dependent symmetry it propagates is that of rotations, accelerations and translations. It guarantees that while we might rotate this laboratory by some angle -- say 30 degrees clockwise horizontally, while at the same time rotating another lab, say in China, by 60 degrees clockwise in a vertical plane, the results of fundamental physical experiments should be the same. The laws of physics are invariant under such locally-dependent rotations, or also similar locally-dependent translations and accelerating boosts.

At the Budapest Conference I gave [5] a simplified non-technical explanation of *the relationship which* exists in physics between symmetries and conservation laws, a linkage first proven by Emmy Noether, a distinguished mathematician and theoretical physicist [6] who had to flee Nazi Germany in 1934 and died one year later in the USA, where she had been given a professorship at Bryn Mawr.

Noether's theorem ascertains that to every continuous symmetry group, there has to correspond a conservation law for a related "charge". At this stage, the conservation law is kinematical, consisting in the existence of an observable whose total quantity is always preserved, as in the conservation of energy, momentum or angular momentum in classical mechanics. It is an "accountant's" conservation law.

I shall not repeat here the somewhat complicated argument I used in Budapest, to prove the theorem without appealing to a mathematical derivation. What is however relevant and important here is that in locally-dependent gauge symmetries, the conserved quantity normally associated to that symmetry becomes "dynamical" rather than kinematical, i.e., like electric charge, which is of course conserved kinematically too, i.e., in the accountant's meaning. The relevant charge thus also induces an interacting field around it, just as the electric charge generates an electromagnetic field. The curvature we mentioned as a tension in the fabric of space, resulting from the requirement of invariance under a locally-dependent gauge symmetry --this curvature is the field emanating from the symmetry's conserved charges. In Einstein's theory of gravity, the conserved quantities are, e.g., energy and momentum, which were kinematically conserved in Newton's physics and in Special Relativity. In General Relativity, they become dynamical charges: the force of

gravity itself is induced by their presence. In the words of the theory, matter induces a curvature of the surrounding space.

Einstein's Gravity is still a "classical" theory, in the sense that it is not a quantum theory and thus violates the Uncertainty Principle. After its publication, there was a rush of theorists who tried to "geometrize" the other known forces, mainly electromagnetism (the nuclear forces, first sensed in the discovery of Radioactivity at the end of the XIXth Century, were too new to be approached geometrically). Hermann Weyl, physicist and mathematician, discovered in 1919 the type of gauge symmetry which we introduced through the example of the Möbius strip. He tried to fit it to a description of electromagnetism and failed. Ten years later, after the discovery of quantum mechanics and after Fritz London had understood the mathematical structure of electrical charge in quantum mechanics, Weyl ammended his theory -- and electromagnetism was shown to correspond indeed to a locally-dependent gauge symmetry theory. The word gauge was used because the first version was a symmetry under changes of *scale*, i.e., gauging a size.

Between 1929 and 1958 there was no indication that the nuclear forces would follow the same pattern. The `models introduced to describe them were of a very different nature, very non-symmetry-oriented and nongeometrical. And yet since 1958, experiments started to reveal new conserved charges, with newforces related to them, which ended up being at work "behind" the nuclear forces (behind both the so-called "weak" and "strong" interactions).

The picture kept changing between 1958 and 1974; meanwhile, already in 1953, C.N. Yang and R.L. Mills had developed the mathematical tools for an extension of the locally-dependent symmetries to "non-Abelian" groups, i.e., groups in which combining elements A and B is not the same as combining B and A. It turned out that this was precisely what was needed in order to understand what nature was trying to tell the physicists.

Since 1974/75, there is a grand-synthesis of the elements and forces we find in nature up to what can be observed or what has been explored to date. This so-called *Standard Model* is a quantum theory (except for gravity, which we do not yet know how to fit to the quantum world). Moreover *the entire Standard Model* is *built from locally-dependent gauge symmetry theories!*. Somehow, the message we got is that *symmetry makes the world go round*. It is thus deeply engrained in the very fabric of reality. In this sense, at least, *beauty is physical truth*. May be this is why we have acquired such strong aesthetic motivations through evolution.

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- [6] See the recent preprinted biography of Emmy Noether, by N. Byers.